



## Why Should You Deny Yourself?

By Ryan M McGraw

Reformation Heritage Books, United States, 2015. Paperback. Book Condition: New. 203 x 185 mm. Language: English . Brand New Book. Self-denial is one of the fundamental principles of the Christian life. It is Christianity 101, writes author Ryan McGraw. Christians, regardless of personal cost, must believe and do whatever Christ teaches them and reject and flee from whatever He forbids them. McGraw helps readers develop an understanding of this essential principle of Christian living by providing an in-depth explanation of what self-denial is and why it is important, and then giving examples of what it looks like in practice.



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