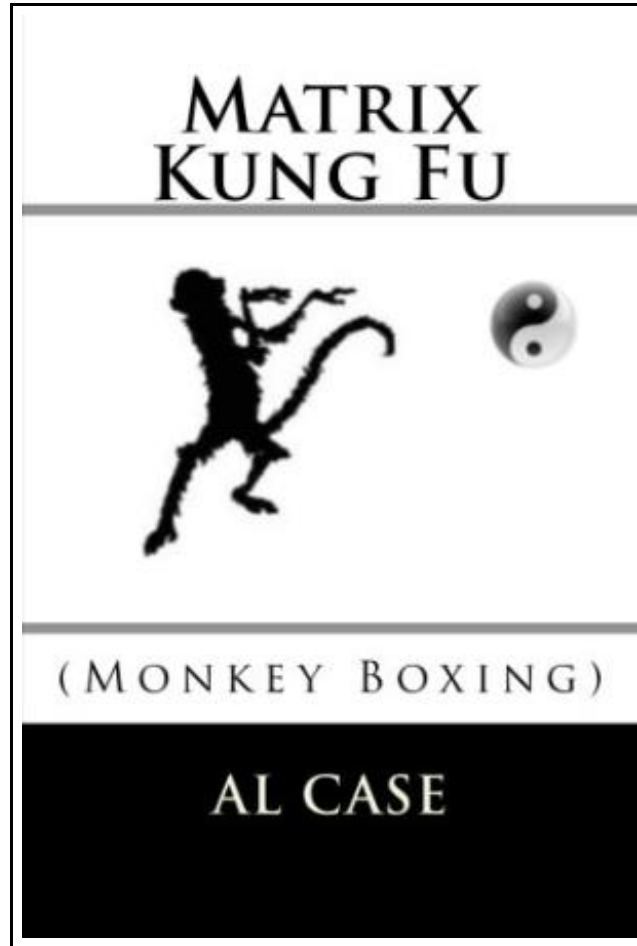


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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Matrixing is the science of the martial arts. Matrix Kung Fu (Monkey Boxing) was one of the first matrixing courses. It was presented at , and has proven to be a rock hard, best seller. This is because it presents the alphabet of joint locks and stand up takedowns. Students of the martial arts are quite pleased when they take a gander at this material. This is because it reduces the subject of joint locks and stand up takedowns to an easy and logical science, which facilitates learning greatly. Indeed, people who study this course become adept, and even expert, within a few months. The material presented here, in this book, is the original material of the video course of the same name. Students are encouraged to avail themselves of the accompanying videos through . About the Author: Al Case began martial arts in 1967. He has studied Kenpo, Karate, Wing chun Gung Fu, Aikido, Northern Shaolin Ton Toi Gung Fu, Southern Shaolin Fut Ga Gung Fu, Pa Kua Chang, Tai Chi Chuan, and much more. He was a writer for the martial arts magazines in the 90s, and was asked to write his own column in Inside Karate (Case Histories). Currently, he teaches in Southern California. He can be reached through his website: .



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