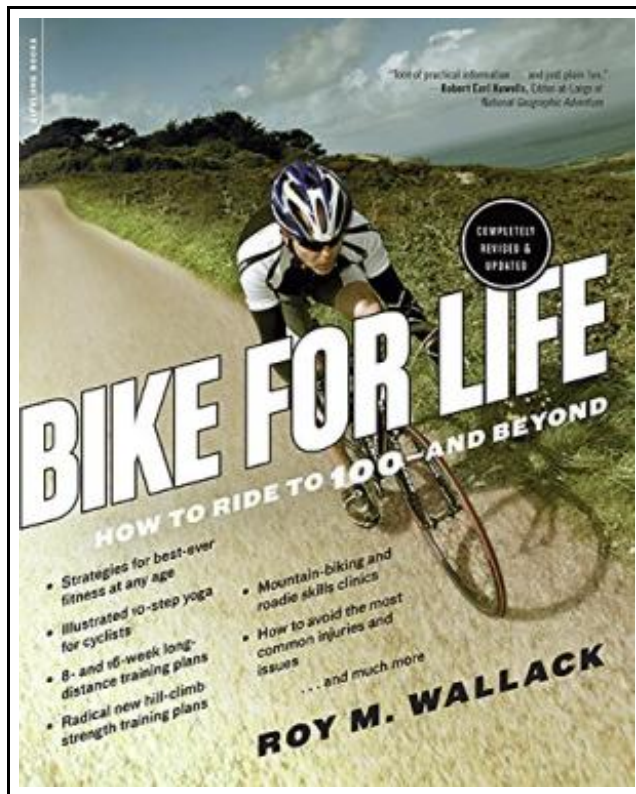


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(Miss Annamarie Ebert I)*

BIKE FOR LIFE: HOW TO RIDE TO 100 - AND BEYOND



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