



Herbal Remedies: How to Use Natural Herbal Remedies to Treat Colds, Arthritis and Other Common Illnesses

By Linda H Harris

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Herbal Remedies for Healing, Natural Remedies Holistic Medicine Many people are finding that modern pharmaceuticals don't come without side effects and other factors that could be dangerous to their health; so, they are turning to more natural health solutions. Whether it is treating a headache, chronic condition or the common cold, there are herbal remedies that will help you feel better. In fact, these natural remedies are often much better for your health than some of the over-the-counter or prescription medications that can cause dangerous side effects. This book will help you learn why so many people are turning to herbal remedies, how these natural remedies are used and the benefits you can expect if add them to your personal health and wellness plan. This book introduces some of the most commonly used herbs as well as the best natural home remedies for colds, arthritis, stomach upset or weight loss. The remedies in this book will not only help you feel better, but will keep you balanced through holistic energy. Order this book to...



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