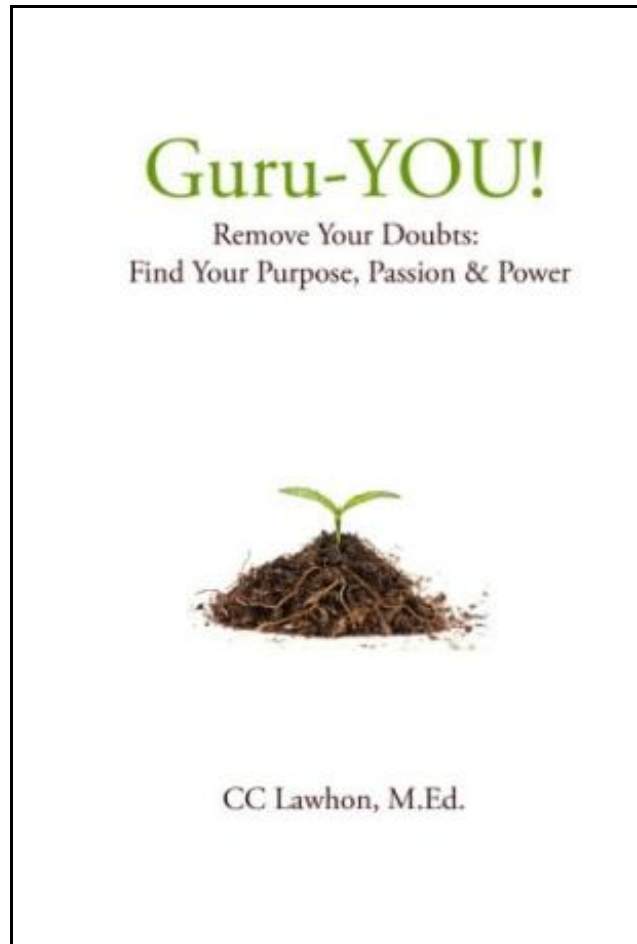


Guru-You!: Remove Your Doubts: Find Your Purpose, Passion Power



Filesize: 1.96 MB

Reviews

*An exceptional ebook and also the typeface applied was intriguing to read through. I have got read and i also am sure that i am going to likely to go through yet again once more in the foreseeable future. I discovered this pdf from my dad and i advised this ebook to find out.
(Dr. Raven Ledner)*

GURU-YOU!: REMOVE YOUR DOUBTS: FIND YOUR PURPOSE, PASSION POWER



Createspace, United States, 2011. Paperback. Book Condition: New. annotated edition. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Remove Your Doubts: Find Your Purpose, Passion Power Guru-YOU! s inaugural book brings up a complete array of potential blocks to achieving our dreams, and in each chapter, explains step-by-step how to overcome these obstacles. This first book looks at everything from how to have the physical health or weight we want to how to let go of drama and stop the overwhelming thoughts that threaten our mental clarity. Guru-YOU! makes the tough issues (weight, relationships, childhood problems, drama in the workplace, general unhappiness) simple. It doesn't minimize their importance, it gives us easy, fun, real-life ways to handle the areas in which we struggle. The chapters are short, hard-hitting, and have an activity or two at the end of each one which allow you to apply what you have learned. These mini-workshops are engaging and probing, and are tailored specifically to you. Guru-YOU! is about recognizing the answers are within, recognizing how to get to these answers, recognizing it doesn't have to be hard or complicated to stop struggling, and knowing the tools needed to do so are right at our fingertips in this book. Organizationally, the book is divided into four parts, How Guru-YOU! Disappeared (the past), Why Guru-YOU! is Hiding (the present), and Becoming Guru-YOU! (the future) plus a cross-referenced Tools A-Z section at the end. The eBook includes audio meditations, video tutorials, links, and multimedia activities. The fourth section, an array of tools (cross-referenced through the chapters, and outlined in the table of contents for easy reference), shows you where to go for detailed help in any area (relationship experts, Reiki, meditation techniques, or how to find a group near...



[Read Guru-You!: Remove Your Doubts: Find Your Purpose, Passion Power Online](#)



[Download PDF Guru-You!: Remove Your Doubts: Find Your Purpose, Passion Power](#)

You May Also Like



History of the Town of Sutton Massachusetts from 1704 to 1876

Createspace, United States, 2015. Paperback. Book Condition: New. annotated edition. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.This version of the History of the Town of Sutton Massachusetts...

[Save PDF »](#)



From Kristallnacht to Israel: A Holocaust Survivor s Journey

Dog Ear Publishing, United States, 2009. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.In the 1930s, as evil begins to envelope Europe, Karl Rothstein...

[Save PDF »](#)



Polly Oliver s Problem: A Story for Girls

The Wildhern Press, United Kingdom, 2008. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Kate Douglas Wiggin was an American children s author and educator....

[Save PDF »](#)



The Village Watch-Tower (Dodo Press)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author...

[Save PDF »](#)



Tales of Wonder Every Child Should Know (Dodo Press)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author...

[Save PDF »](#)