



## Saints and Shrines

By Keith Sugden

The History Press Ltd. Paperback. Book Condition: new. BRAND NEW, Saints and Shrines, Keith Sugden, To be a medieval pilgrim evokes an image of a dauntless soul, braving weather, weariness and woe. Today's pilgrims are more fortunate since, through the wonders of modern travel and communications, pilgrim sites are more accessible in a way our medieval forebears could never have imagined. But true pilgrimage never changes: it is to set out on a journey of outward and inner discover; and to return changed and inspired by all that has been seen and experienced along the way. This beautifully illustrated book looks at pagan sites, pilgrims' motives and means, the Celtic saints and the famous pilgrim routes of Canterbury, Jerusalem, Rome and Santiago de Compestela, as well as lesser-known ones. A map shows most UK shrines.



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