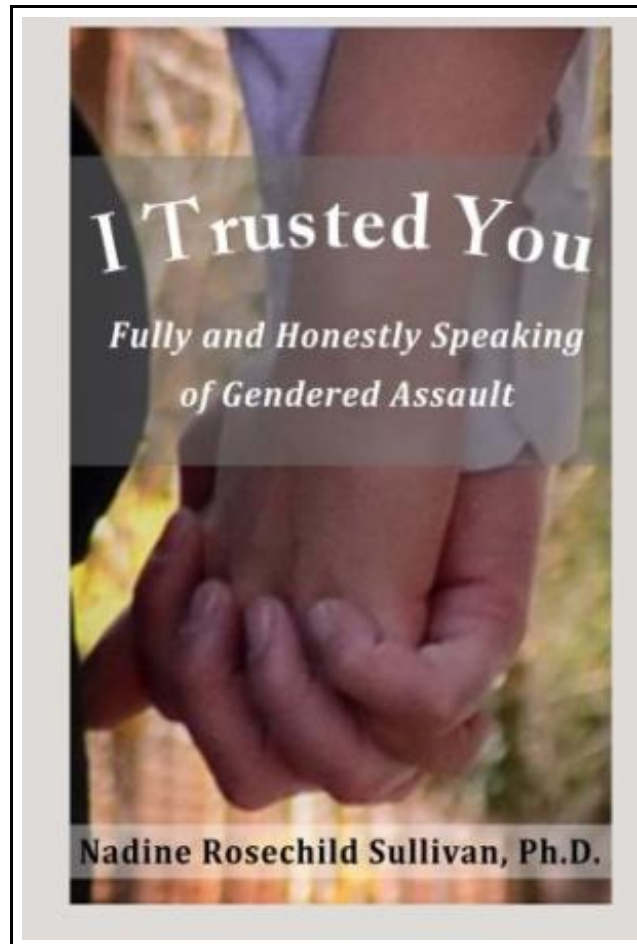


## I Trusted You: Fully and Honestly Speaking of Gendered Assault and the Way to a Rape-Free Culture



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### ***Reviews***

*This book is definitely not effortless to begin on looking at but quite entertaining to read. Better than never, though I am quite late in starting to read this one. I am just easily getting a enjoyment of looking at a written ebook.*


*(Elinor Hyatt)*

## I TRUSTED YOU: FULLY AND HONESTLY SPEAKING OF GENDERED ASSAULT AND THE WAY TO A RAPE-FREE CULTURE



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Lifting Consciousness Press. Paperback. Book Condition: New. Paperback. 312 pages. Dimensions: 8.9in. x 6.0in. x 0.8in. Do you have the vague sense, or the sure knowing, that there are sexual experiences that still haunt you Do you wonder if youre just one of the unlucky ones Do you wonder how this can happen in the United States How far is it okay to push someone sexually Is it ever alright to hit someone you love Every day, millions face the emotional and physical horrors of sexual assault and intimate partner violence, and their aftermath. In our rape- and male-violence-prone culture, millions of women (of all races and ethnicities), children (of all genders and ethnicities), and adolescent and (even) adult men (across all social divisions) are victimized predominantly by male perpetrators enacting a hegemonic violent masculinity. The dual suffering of victims (the assault and its long-term aftermath) complicates both individual-level and societal-level mental health, and makes us all less safe. But this gendered violence is not an innate biological imperative of the human species. The anthropological evidence proves that our present culture of violence is not a genetic mandate. Men and women in other times and places have enacted gender and sexuality differently demonstrating that our current relationship with gendered violence is cultural not biological. We can redirect our culture. We collectively create it, and therefore, we can change our society. We can heal as individuals. Those who have been victimized can come to recognize that nothing in them caused their assailant to perpetrate. AND we can heal as a collectivity. We can learn to relate to each other differently. We can break our addiction to violence. Using a compelling mix of personal stories, pointed poetry, and the realities of social fact, I Trusted You guides the reader to grasp the...

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