



The Power of Self. a Practical Guide to Knowing the Self

By Kim Michaels

More to Life Publishing, United States, 2013. Paperback. Book Condition: New. 201 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.An inspiring and insightful guide to solving your problems or changing your life by using the creative powers you already have, the Power of Self. The key to unlocking your creative power is to know the self, including its origin and components. Achieving Self-mastery has been an enigmatic quest for humankind for eons. Yet, a few masters have solved the riddle and completed the path to enlightenment. The Power of Self outlines the secrets and principles that these masters have taught about the human mind. The author guides and inspires, making it easy to see how to unlock the infinite potential of your real Self. He also gives practical advice about how this time-honored wisdom can be applied to daily life. The spiritual masters offer a path of self-mastery, whereby we can gradually attain control over our reactions to the situations we encounter in the material world. Instead of going through life in an unaware way, we can purify the mind from all limitations until we can meet life with a higher form of awareness....



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